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SPOTLIGHT ON PD MEMBER ANDREA BERGER

by Rosanna Schaffer-Shaw

Andrea Berger is a vital and interesting member of the Professional Division and a TMI facilitator. She is well travelled and well educated and represents both the American and international contingents of the Professional Division. She has been an Outreach facilitator since 2008 and more recently a facilitator at the Virginia Campus of TMI. Though I have met her only twice at the last two PD Seminars, my personal impression of Andrea is one of a strong woman who is intelligent, kind and understated. I most admire her multilingual abilities. She is fluent in English, German and Romanian.

Here is part of her story in her own words:

"My story goes back to communist Romania, where I was born and grew up under a repressive government. My family escaped to Germany in 1984, and after many tribulations, I was allowed to leave Romania and join them there in 1986. In 1987, I traveled to India studying yoga and meditation, and there I met my American husband, which led to my immigration to the United States in 1988.

"In 1997, I got exposed to Robert Monroe's books and hemi-sync technology. This really catapulted my spiritual experiences into high gear. I started practicing hemi-syncmeditations on a regular basis. I attended Gateway in 2003, and since then I have attended many other residential programs. I felt that **the *Gateway Voyage*** (and the other programs) helped me reach expanded states of consciousness much faster and easier than my previous meditation practices. They also provided practical tools to solve problems, develop creativity or obtain guidance. Most importantly, they opened my heart and increased my passion for helping humanity evolve spiritually.

“This July (2014) I was a trainer-in-training for ***Timeline***, and in 2015 I will train ***Timeline*** at TMI with Lee Stone!! Very exciting! Later this year, Franceen King and I will be conducting the first ***Starlines*** program in Romania!!

“Being a facilitator for the Monroe Institute is very rewarding for me, as I am always amazed how much people transform over the course of a week. Having experienced other meditation practices, I feel that the TMI tools and processes offer people with a shortcut — to grow, expand their multi-dimensional consciousness and remember more of who they really are. I feel that this work fits well with my life purpose to evolve consciousness and to help humanity awaken. I believe humanity is going through a major consciousness shift, which provides us with a unique opportunity to collectively shape our future.

“I’m excited to have been recently invited to be on the PD Steering Committee and I’m looking forward to making the next PD meeting a BIG success.

“My husband and I will be empty nesters as you read this, as our daughter, Helen, is starting college at Indiana University Bloomington. Our son is a college student at Ohio State University in Columbus (where Bob Monroe also studied!)

” I was invited to do an ***Exploration 27®*** in the UK in 2015 (Luigi is organizing).

“I recently published a book “Quantum Healing with the L.I.F.E. Biofeedback System”. It’s my Atlantic University Master’s thesis, a bit shortened.

“I’m now working on a second book.”